



CONNALLY
MEMORIAL
MEDICAL ★ CENTER



A free community wellness initiative
brought to you by Connally Memorial Medical Center
& the Consolata Healthcare Foundation



July Events

Mondays:

Line Dancing-9:30 A.M. –10:30 A.M., First Baptist Church- Family Life Center, 1115 B, Floresville

Second Monday of the Month: Brunch

Tuesdays:

Walking Group- 7:00 A.M. -9:00 A.M., Hospital parking lot, 499 10th Street, Floresville

Wednesdays:

Balance Matters (Exercises to reduce your risk of falling) - 8:00 A.M.-8:45 A.M.

Led by CMMC Rehabilitation, Floresville Event Center

Second Wednesday of the Month: Brunch

Smoke Free Campus

Connally Memorial Medical Center is adopting a 100% tobacco-free campus policy effective July 1, 2019. Adopting a 100% tobacco-free campus-wide policy not only eliminates secondhand smoke exposure for patients, staff and visitors, but also demonstrates Connally Memorial Medical Center's commitment as a community leader in protecting the health of the public. With this policy in place, we are not only creating a smoke-free environment, but we are also eliminating all tobacco use, including smokeless/chewing tobacco and electronic tobacco products. We will disallow the use of tobacco and vaping products on hospital grounds and all off-site properties owned or leased by Connally Memorial Medical Center. This includes sidewalks, walkways, driveways, and parking areas.

Blood Drive

Wednesday, July 10th, 8:30 A.M. – 12:30 P.M.

CMMC Parking Lot

Call **210-731-5590** to register to donate

Consolata Healthcare Foundation Denim & Diamonds Casino Night

Saturday, August 3rd, 5:30 P.M.

Floresville Event Center

Call **830-251-8850** to buy tickets, tables, or to donate auction items.